



CURIOSITY & CONNECTION *Bingo*

As we focus our Curiosity on “Daring to Connect,” let’s have some fun with finding new ways to create community and build Belonging!

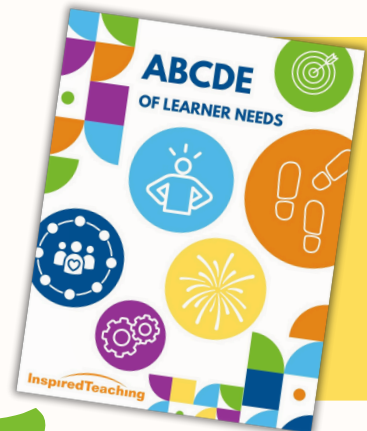
- 1 Use the Bingo Card on the next page as inspiration for connection in the month ahead. Each offers an opportunity to get to know someone new or strengthen an existing relationship.
- 2 Be sure to check off each box as you complete the task. Enjoy watching your progress and share your moments of connection with Inspired Teaching at curiosity2025@inspiredteaching.org.
- 3 Learn more about the importance of Belonging, one of Inspired Teaching’s ABCDE of Learner Needs, and think about additional ways you can support this need for yourself and those around you.



Belonging is our psychological need to love and care for others and to believe that we are loved and cared for in family relationships, friendships, and working relationships. To belong, we must connect with people by cooperating, caring, sharing, and being involved.

The award-winning **Inspired Teaching** [ABCDE of Learner Needs](#) provides an effective, simple framework for identifying and addressing gaps in students’ — and teachers’ — core needs.

Check out the
**ABCDE of Learner
Needs Guidebook!**





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Engage in a conversation with someone you don't know.	Reach out to a friend you've lost touch with.	Send a snail mail letter to someone who lives far away from you.	Read a book or article about someone whose life is very different from your own.	Invite someone you haven't eaten with before to share a meal.
Send a note of appreciation to a friend or colleague.	Have a conversation with the sole purpose of listening to the other person.	Ask how a store clerk is doing and really listen to their answer.	Play a board game or cards with friends or family.	Volunteer for a community event.
Go on a walk with a friend.	Send a text to someone letting them know you're thinking of them.		Bring together people from different parts of your life for coffee or tea.	Help someone outside your home with a chore or project.
Start or participate in a book club.	Drop off a meal for someone who is struggling.	Share a book, music, movie, or TV show suggestion with someone else.	Find out about someone's job that is different from your own.	Try greeting strangers when you walk down the street.
Choose to make a phone call instead of texting.	Pay attention to how you show active listening with your whole body.	Do something that promises laughter in community with others.	Make a choice to sit next to someone new.	Create a list of what YOU need to feel connected to others.