



InspiredTeaching  
CURIOSITY CHALLENGE

# Seek AWE



A young praying mantis begins its life in the garden.

## The Life Cycle

Observing the universality of life helps us feel connected to one another, and all living things.

- Plant a garden. In addition to the greenery, many living things will grow and change in the space you create.
- Volunteer to assist the elderly; connect with and learn from a generation different than your own.

## Moral Beauty

Acts of kindness are contagious. The more charity and selflessness we see around us, the likelier we are to be charitable and selfless.

- Use this site to research organizations in your area committed to causes you are passionate about, then find opportunities for ways to volunteer.
- Learn more about historical examples of moral courage and how this knowledge can help us be more accepting today.



The Moral Beauty of assistive technology for a beloved pet.

## Visual Design

Half of the human brain is dedicated to our vision and understanding visual cues.

- Visit a local art museum.
- Identify architectural patterns in the built or natural environments you encounter on a walk.
- Find a building you are particularly drawn to and research the history of its design influences.



Imposing architecture in  
New York City.

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*Consider...*



**What is your earliest memory of learning about life? When did you first begin to understand the concept of death?**

**Can you remember a time when someone went out of their way to treat you kindly? When was the last time you did the same for someone else?**

**What do you see on the walls in the room you're currently in? What hangs on the walls in your home? How did you choose the pictures, posters, clocks, artwork?**