

# What Do Learners Need?

A simple tool from **Center for Inspired Teaching** for understanding and addressing challenging behavior.

[www.inspiredteaching.org](http://www.inspiredteaching.org)

## What are the ABCDEs of Learner Needs?

The **ABCDE of Learner Needs** provides teachers with a simple, effective framework for understanding the foundational needs of their students and themselves, based on an adaption of the **five core human needs** as defined by psychologist William Glasser. Reflection tools for each need are available as printable worksheets for use in the classroom or as a self-reflection exercise. They are the first step in understanding where additional supports are needed.

Visit the **ABCDE of Learner Needs** website to learn more about each need and to discover practical strategies for addressing them in your classrooms.



### AUTONOMY

*"I want to have a say in what happens to me."*



### BELONGING

*"I want to feel connected to and valued by those around me"*



### COMPETENCE

*"I want to feel a sense of significance, worth, and accomplishment."*



### DEVELOPMENTAL APPROPRIATENESS

*"I am nurtured in my continual growth."*



### ENGAGEMENT

*"I want to be actively involved."*



### FUN

*"I want to do something that brings me joy."*

# Bring Inspired Teaching to Your Organization

## Strengthen Curiosity and Build Community

**Center for Inspired Teaching** provides transformative, improvisation-based professional learning for teachers that is 100% engaging – intellectually, emotionally, and physically.

**Inspired Teaching** creates customized experiences for groups of teachers, administrators, parents, and/or whole schools. Sessions can be done both in-person and online.

- Infuse curiosity-driven learning into the school culture
- Increase motivation through vibrant and engaging activities
- Meld social skill building with creative content instruction
- Identify and address learners' social and emotional needs
- Rebuild communities after turnover

## Inspired Teaching Rates\*

**\$2500 for up to 3 hours**

**\$4000 for a full day**

\*Rates reflect a meeting size of approx. 25 participants and may be higher if working with a larger group that requires additional facilitators. For long-term engagements, we will determine scope with your team.



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